

Shawn R. Burton, Ph.D., LPC, NCC

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Professional Counselor Licensed-Clinical Resident in the state of Ohio (C.1100345)

EDUCATION

Ph.D. (2012-2020)	Counseling & Human Development Services (CACREP Accredited)	Kent State University Kent, Ohio
M.S. Ed. (2010-2012)	College Counseling (CACREP Accredited)	Youngstown State University Youngstown, Ohio
B.A. (1991-1995)	Psychology	Youngstown State University Youngstown, Ohio

RELEVANT EXPERIENCE

Mental Health Counselor

The Azalea Institute, Akron, Ohio – Counselor

March 2019 - Current

- Clinical mental health counseling and career counseling with individuals from early adolescence to older adults who experience a wide array of mental health issues and substance abuse concerns; including, but not limited to: Mood disorders, cognitive disorders, trauma and grief issues, anxiety disorders, adjustment disorders, personality disorders, substance related disorders, gender identity disorders, and sexual orientation issues.

Safe Space Counseling, Akron, Ohio - Chief Operating Officer/Partner

May 2018 - Feb 2019

- Clinical mental health counselor working with individuals from early adolescence to older adults on a wide array of mental health issues, but not limited to: Mood disorders, cognitive disorders, anxiety disorders, adjustment disorders, substance abuse disorders, as well as sexual identity and gender identity concerns.

Behavioral Health Services of Greater Cleveland, Rocky River, Ohio - Counselor

Oct 2015 - Dec 2017

- Clinical mental health counselor working with individuals from early adolescence to older adults on a wide array of mental health issues, but not limited to: Mood disorders, cognitive disorders, anxiety disorders, adjustment disorders, substance abuse disorders, as well as sexual identity and gender identity concerns.

Adjunct Instructor

John Carroll University

Fall 2016 - Current

- Research Methods for Mental Health Professionals
- Human Growth and Development
- Tests and Measurements
- Orientation to Mental Health Counseling
- Clinical Diagnosis & Psychopathology

Youngstown State University, Youngstown, Ohio

August 2014 - May 2019

- Group Processes Lab
- Social and Cultural Issues in Counseling
- College Counseling & Student Mental Health

Spring 2019

Fall 2018

Summer 2016

- Lifespan & College Student Development
- Research in Counseling
- College Counseling & Student Mental Health

Spring 2016
Fall 2015
Summer 2014

Teaching Experience

- **Course – Research for Mental Health Professionals** (John Carroll University – **Graduate**)
 Course CG 509 – 1 (Fall 2016 – 9 students, Spring 2017 – 19 students, Fall 2017 – 10 students, Spring 2018 – 18 students, Fall 2018 – 14 students, Spring 2019 – 13 students, Fall 2019 – 21 students, Spring 2020 – 19 students, Fall 2020 – 20 students, Spring 2021 – 21 students, Spring 2021 – 21 students, Fall 2021 – 18 students, Spring 2022 – 7 students (online) & 7 students).
- **Orientation to Counseling** – (John Carroll University – **Graduate**)
 Course CG500 – Fall 2020 – 20 students (Online-Synchronous/Asynchronous), Fall 2021 – 8 students.
- **Course – Tests and Measurements** (John Carroll University – **Graduate**)
 Course CG530 – Summer 2020 – 11 students, Summer 2021 – 13 students & 17 students.
- **Course – Human Growth and Development** (John Carroll University – **Graduate**)
 Course Record Number CG505, 21 Students (Summer, 2019) – Hybrid course
- **Course – Group Counseling Lab** (Youngstown State University – **Graduate**)
 Course Record Number 22101, 11 Students (Spring, 2019)
- **Course – Social and Cultural Issues in Counseling** (Youngstown State University – **Graduate**)
 Course Record Number 40049, Section 001 – 30 Students (Fall, 2018)
- **Course – College Counseling & Mental Health** (Youngstown State University – **Graduate**)
 Course Record Number 31695, Section 001 - 11 Students (Summer, 2016)
- **Course – Lifespan & College Student Development** (Youngstown State University – **Graduate**)
 Course Record Number: 23406, Section 01 – 13 Students (Spring, 2016)
- **Course – Research in Counseling** (Youngstown State University – **Graduate**)
 Course Record Number: 46025, Section 001 – 23 Students (Fall, 2015)
- **Course – College Counseling & Student Mental Health** (Youngstown State University - **Graduate**)
 Course Record Number: 31695, Section 001 – 10 Students (Summer, 2014)
- **Course – Career Navigation** (Kent State University - **Undergraduate**)
 -Course Record Number: 20704, Section 010 – 18 Students (Spring, 2014).
 -Course Record Number: 20709, Section 015 – 10 Students (Spring, 2014).
- **Course - Career Construction** (Kent State University - **Undergraduate**)
 -Course Record Number: 20613, Section 005 – 9 Students (Fall, 2013).

-Course Record Number: 19084, Section 004 – 21 Students (Spring, 2013).

-Course Record Number: 19506, Section 006 – 19 Students (Spring, 2013).

-Course Record Number: 19989, Section 027 – 17 Students (Spring, 2013).

-Course Record Number: 19938, Section 010 – 18 Students (Fall, 2012).

-Course Record Number: 19494, Section 004 – 10 Students (Fall, 2012).

- **Course - Career & Life Planning** (Kent State University - **Undergraduate**)

-Course Record Number: 19512, Section 003 – 13 Students (Spring, 2013).

-Course Record Number: 20951, Section 002 – 10 Students (Fall, 2013).

-Course Record Number: 19998, Section 020 – 17 Students (Spring, 2013).

- **Course – “First-Year Experience: Destination Kent State” (Undergraduate)**

-Course Record Number- 20026, Section 900 – 21 Students (Fall 2013).

Doctoral Internship

August 2014 - May 2015

Counseling Center, *Walsh University*, North Canton, Ohio

- Clinical mental health counseling with undergraduate and graduate students. Involved with interpersonal counseling, career counseling, assessments, and academic counseling.
- Responsible for diagnosis, treatment planning, treatment through various counseling techniques, and electronic record keeping.
- Case conceptualization from a holistic and multicultural perspective.

Teaching Assistant

August 2014 - May 2015

Counseling and Human Development Program, *Malone University*, North Canton, Ohio

- Co-Instructor for Group Theories & Application class and Internship I class.
- Assisted in planning and development of course content via lecture, experiential activities, and reflection.

Graduate Assistant/Teaching Assistant

August 2012 - May 2014

Higher Education and Counseling & Human Development Services, *Kent State University*, Kent, Ohio

- Career Counseling for Exploratory Office Advising Center.
- Involved with reconstructing the curriculum for Career Navigation course.
- Assisted in teaching and instruction of Internship I - Masters in Community Mental Health.
- Assisted in research and academic duties.

Special Project Position – Summer Volunteer

May - August 2013

Lifestyle Employee Assistance Program, *Cleveland Clinic Wellness Institute*, Cleveland, Ohio

- Assisted Account Manager with Lifestyle EAP wellness projects.

- Educated employees of contracted companies on stress and wellness.
- Involved as the first responder for clients regarding EAP services.

Graduate Internship

Aug 2011 – May 2012

Counseling Center, *John Carroll University*, University Heights, Ohio

- Provided clinical mental health counseling with undergraduate students in an individual and/or group setting to foster interpersonal and personal satisfaction.
- Involved with diagnosis and treatment of mental and emotional disorders in order to improve the overall functioning and fulfillment of undergraduate students.
- Assisted undergraduate students with academic support, organizational skills, planning, and follow-through skills to improve their academic performance.

Graduate Internship

Aug 2011 – May 2012

Center for Career Services, *John Carroll University*, University Heights, Ohio

- Provided career and personal counseling to students regarding selection of major; career exploration; anxiety; depression; indecision; procrastination; future educational and career goals.
- Interpreted Myers-Briggs style assessment (“Do What You Are”), The Strong Interest Inventory, and Work Values Inventory during counseling sessions to provide a clear “snapshot” of the student.
- Taught a section of Career Exploration involving investigating personality, work values, skills inventory, and general interests. Topics included career theory, resume and cover letter writing, internships, and informational interviews.

Community Support Specialist, Eastway, Dayton, Ohio

1998 - 2000

- Directed the support needs of clients with mental disabilities to foster independent living within the community.
- Assessed and monitored the mental health status of the clients within the program via weekly/monthly reports and team meetings.
- Managed client interactions with the court and welfare systems, housing authorities, and other mental health organizations to nurture independence.

Residence Coordinator, The University of Dayton, Dayton, Ohio

1996 - 1998

- Conducted disciplinary meetings and educational programs to create a cohesive and responsible community among the students living in campus housing.
- Organized and executed a variety of large seminars and educational gatherings on such topics as neighborhood safety, housing concerns, and volunteer programs.

Presentations & Publication

- Rose, J., Kautzman-East, M., Moore-Ramirez, A., & **Burton, S.** (2015). *An Affirmative Approach to Supervision: Working with LGBQ+ Supervisees and Clients*. Association for Counselor Education and Supervision Conference, Philadelphia, PA.

- Kautzman-East, M., Moore, A., Rose, Jared A., & **Burton, S.** (2014). *An Affirming Approach to Supervision: Working with LGBTQ+ Supervisees and Clients*. All-Ohio Counseling Conference, Columbus, Ohio.
- **Burton, S.** & Vess, L. (2014). *Using Career Construction Theory with emerging adults: Feedback from the field*. Presented at the National Career Development Association Conference, Long Beach, CA.
- Gibbons, M. & **Burton, S.** (2014). *Life Design: Views among Professional Counselors*. Presented at the National Career Development Association Conference, Long Beach, CA.
- Frey, C., **Burton, S.**, Streeter III, J., & Shaffer-Mansour, P. (2014). *Self-injurious behavior and suicide in youth culture*. *Counseling Today*, 56(8) 34-35.
- **Burton, S.** & Savickas, S. (2013). *Applying life design theory in high school and college counseling*. Presenter at the All-Ohio Counseling Conference, Columbus, Ohio.
- Lara, T., Burns, S., **Burton, S.**, et al. (2013). *Teaching Career Counseling: Addressing Career Concerns as Mental Health Concerns*. Presentation at National Career Development Association in Boston, Massachusetts.
- **Burton, S.**, East, M., & Turner, K. (2013). *Redefining career constructs: Integrating social justice advocacy to the practice of career counseling*. Presented at the American Counseling Association National Conference, Cincinnati, OH.
- **Burton, S.** & East, M. (2012) *Things to do to get into a PhD Program*. Presented to master-level students at Youngstown State University, Youngstown, Ohio
- Sarnowski, J., Sturm, K., & **Burton, S.** (2011). *Dating violence in adolescence and emerging adulthood: Prevention and intervention strategies in high school and college counseling*. Presented at the All-Ohio Counseling Conference, Columbus, Ohio

Professional Societies/Organizations/Awards

- Members (Current) – American Counseling Association (ACA), Ohio Counseling Association (OCA), Association for Counselor Education and Supervision (ACES).
- Emerging Leader Award (2013) for Association of Counselor Education and Supervision.
- Association of Lesbian Gay Bisexual Transgender Issues in Counseling - Ohio (Regional Representative - July 2013 – July 2015).
- Ohio Counseling Association – Executive Committee – Graduate Student Committee Co-Chair (2015-2016)
- Chi Sigma Iota - Kappa Upsilon chapter (Social Chair- July 2013 - 2014), Chi Sigma Iota – Eta Chapter (May 2011- May 2013).
- ACA Mentoring Program – Mentor (July 2013 – July 2014).
- Project Learning Around the World immersion trip to South Africa – May 2011 (2 weeks).